

God Is The Lord Of The Sabbath

Remember Verse

Now this is eternal life: that they know you, the only true God, and Jesus Christ, whom you have sent.

Week One

April 28-29

John 17:3

READ: Genesis 2:2-3

Day One

God created the Sabbath day to be a blessing and a refreshing day for His people. The Pharisees added extra rules about the Sabbath to God's original plan.

- Why did God bless the seventh day?

- Why does God want us to rest one day a week?

REMEMBER God's plan for the Sabbath.

READ: Isaiah 58:13-14

Day Two

Jesus starts with the heart, and He is in charge of all things. We can trust Him and follow Him with our whole lives.

- What does it mean to call the Sabbath day a delight?

- How can you find joy in the Lord on the Sabbath?

FIND joy in the Lord on the Sabbath.

READ: 1 Samuel 16:7

Day Three

All throughout Scripture, we see that God values the attitude of people's hearts over their outward appearance.

- What does this verse tell you about God?

- Why does God care most about our hearts?

PRAISE God for caring about your heart.

READ: Matthew 15:7-9

Day Four

God is the Lord of the Sabbath and He cares about our hearts! The God of the whole universe is concerned about what is happening inside us.

- Why is Jesus upset with the Pharisees?

- How can we honor God with our hearts, not just our lips?

HONOR God with your heart.



About Our Current Series

Join us throughout the months of April and May as we learn stories that show us that Jesus is our freedom. We will be going through the books of Matthew, Luke and Revelation.